

# CLARK WEEKLY MEALS (STANDARD)

	BREAKFAST	LUNCH	DINNER	DESSERT
SUNDAY		Chicken Burgers Curly Fries	Vegetable Beef Soup/Crackers Grapes	Chocolate Pudding
MONDAY	Pancakes Sausage Links Hot Cinnamon Apples	Hamburger Potato Salad Watermelon Cheese/lettuce/pickle/mayo /mustard/ketchup Pink Lemonade	Spaghetti Green Beans Sour Dough Bread Parmesan Cheese	Cake
TUESDAY	Biscuits/Sausage Gravy Hash brown Patties Peaches Margarine/Jelly	Ham Sandwiches Tater Tots Orange 1/4s Cheese/Lettuce/Mayo/Mustard Cherry	Taco Hamburger Refried Beans Lettuce/Sour Cream/Salsa/Cheese	Brownies
WEDNESDAY	Cinnamon Rolls Hardboiled Eggs Yogurt Cantaloupe	Hot Dogs Baked Beans Potato Chips Lemonade	Chicken Tortilla Soup Tortilla Chips Cheese	Smores
THURSDAY	Hash browns o'Brien Sausage Patties Scrambled Eggs Pears	Chili Steak Fries Carrots/Celery/Ranch Chopped onions Cheese	Chicken Fried Steak Mashed potato Gravy Peas Carrots	Snickerdoodle

	BREAKFAST	LUNCH	DINNER	DESSERT
		Sour cream Orange		
FRIDAY	French Toast Apple Sauce Bacon Butter/Syrup	<b>Potlach:</b> Pork butt Corn on the cobb Cole slaw Rolls Chocolate/blueberry cake Pink lemonade		

# 2018 CLARK MEAL PLANNER (GLUTEN FREE)

	BREAKFAST	LUNCH	DINNER	DESSERT
SUNDAY			Gluten Free	GF Pudding
MONDAY	GF Pancake	GF Honey Bun	Asian Style Veggies Rice Noodle	GF Cook
TUESDAY	GF Biscuit GF Gravy	GF Bread	Corn Tortilla	GF Brownie
WEDNESDAY	GF Cinn. Rolls	GF Hot Dog Bun	Meal is GF	
THURSDAY	Meal is GF	Meal is GF	GF Gravy	GF Cookie
FRIDAY	GF Pancake			

# CLARK WEEKLY MEALS (DAIRY FREE CHANGES)

	BREAKFAST	LUNCH	DINNER	DESSERT
SUNDAY			Veggie Soup	Milk Free Pudding
MONDAY	Milk Free Pancakes	Vegan Cheese		
TUESDAY	Milk Free Gravy		Vegan Cheese	
WEDNESDAY	Milk Free Cinn. Rolls Soy yogurt			
THURSDAY			Mashed Sweet Potato Milk Free Gravy	
FRIDAY	Milk Free Pancakes			

# CLARK WEEKLY MEALS (VEGGIE/VEGAN)

	BREAKFAST	LUNCH	DINNER	DESSERT
SUNDAY			Veggie Soup	Vegan Pudding
MONDAY	Vegan Pancakes California Patty	Garden Burger Vegan Cheese	Asian Style Veggies Vegan Chicken	Cake
TUESDAY	Vegan Biscuit Vegan Gravy	Veggie Wrap	Rice and Beans	Brownie
WEDNESDAY	Vegan Cinn. Roll Soy Yogurt	Tofu Dog	Stuffed Bell Pepper	
THURSDAY	Vegan Eggs and Sausage	Vegetable Chili	Vegan Meat Loaf	Applesauce
FRIDAY	Vegan Pancake Veggie Sausage	Vegan Apple Sage Sausage Pumpkin Cake		