

## CAMP MERIWETHER - MENU - 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>		Waffles Sausage links Applesauce	Biscuits & sausage gravy Hashbrowns Peaches	Coffee cake Bacon Hot cinnamon apples Yogurt	Breakfast burritos with egg, ham, salsa, cheese & sour cream Pears	Pancake/sausage on a stick Hard-boiled eggs Cantalope	Breakfast pastries String cheese Apple or orange
		Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Juice
<b>LUNCH</b>		Burritos w/beef, refried beans, salsa, lettuce, cheese, & sour cream	Chicken burger w/ cheese Potato salad Watermelon	<b>*Optional Camp Meal*</b> Hot dogs Carrots & celery Potato chips	Grilled Tillamook cheese sandwich Tomato soup Fritos	Meatball subs Tator tots Coleslaw	
		Juice drink Salad bar	Juice drink Salad bar	Juice drink	Juice drink Salad bar	Juice drink Salad bar	
<b>DINNER</b>	Marinara w/meat Penne pasta Green beans Roll	Chicken & sausage jambalaya Sourdough garlic bread	Chili Corn bread Broccoli	<b>CAMPSITE COOKING</b> Chicken tortilla soup Tortilla chips	Cheeseburger- macaroni Mixed veggies Tropical fruit salad	Chicken-fried steak Mashed potatoes Gravy Peas Rolls	
	Popsicle Milk Salad bar	Corn on the cob Choc. chip cookies Milk Salad bar	Pudding Milk Salad bar	S'mores Milk	Cake Milk Salad bar	Sherbet Milk Salad bar	

This menu is subject to change without notice

## CAMP MERIWETHER - MENU - VEGETARIAN\* - 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>		Waffles V-Sausage Applesauce	Biscuits & V-country gravy Hashbrowns Peaches	Coffee cake V-Sausage Hot cinnamon apples Yogurt	Breakfast burritos w/ egg, V-crumble, salsa, cheese & sour cream Pears	Pancake V-Sausage Hard-boiled eggs Cantalope	Breakfast pastries Cheese stick Apple or orange
		Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Milk Cereal bar	Juice
<b>LUNCH</b>		Burritos w/ V-beef, refried beans, lettuce, cheese, salsa, & sour cream	Veg-chicken burger w/ cheese Potato salad Watermelon	<b>*Optional Camp Meal*</b> V-Hot dogs Carrots & celery Potato chips	Grilled Tillamook cheese sandwich Tomato soup Fritos	Veggie patty subs Tator tots Coleslaw	
		Juice drink Salad bar	Juice drink Salad bar	Juice drink	Juice drink Salad bar	Juice drink Salad bar	
<b>DINNER</b>	V-Marinara sauce Penne pasta Green beans Roll	Veg-jambalaya Sourdough bread Corn on the cob	V-Chili Corn bread Broccoli	<b>CAMPSITE COOKING</b> Stuffed bell pepper Tortilla chips	Mac & Cheese Mixed veggies Tropical fruit salad	Veg-steak Mashed potatoes Gravy Peas Rolls Sherbet	
	Popsicle Milk Salad bar	Choc. chip cookies Milk Salad bar	Pudding Milk Salad bar	S'mores Milk	Cake Milk Salad bar	Milk Salad bar	

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\*Food served will be vegetarian, but it is prepared in a kitchen that is not meat-free

## CAMP MERIWETHER - MENU - DAIRY-FREE\* - 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>		DF-Pancakes Sausage links Applesauce	DF Biscuits & DF sausage gravy Hashbrowns Peaches	DF Coffee cake Bacon Hot cinnamon apples Soy yogurt	Breakfast burritos with egg, ham, salsa, & DF cheese Pears	DF Pancake Sausage Hard-boiled eggs Cantalope	DF Muffin Apple or orange
		Rice milk Cereal bar	Rice milk Cereal bar	Rice milk Cereal bar	Rice milk Cereal bar	Rice milk Cereal bar	Juice
<b>LUNCH</b>		Burritos w/beef refried beans, salsa, lettuce & DF cheese	Chicken burger w/ DF cheese Potato salad Watermelon	<b>*Optional Camp Meal*</b> Hot dogs Carrots & celery Potato chips	Grilled DF cheese sandwich DF Tomato soup Fritos	Meatball subs Tator tots Coleslaw	
		Juice drink Salad bar	Juice drink Salad bar	Juice drink	Juice drink Salad bar	Juice drink Salad bar	
<b>DINNER</b>	Marinara w/meat Penne pasta Green beans Roll	Chicken & sausage jambalaya Sourdough bread Corn on the cob	Chili DF Corn bread Broccoli	<b>CAMPSITE COOKING</b> Chicken tortilla soup Tortilla chips	DF Beefy noodles Mixed veggies Tropical fruit salad	Chicken-fried steak DF Mashed potatoes DF Gravy Peas Rolls Jello	
	Popsicle Rice milk Salad bar	DF Cookie Rice milk Salad bar	Jello Rice milk Salad bar	S'mores	DF Cake Rice milk Salad bar	Rice milk Salad bar	

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\*Food served will be dairy-free, but it is prepared in a kitchen that is not dairy-free

## CAMP MERIWETHER - MENU - WHEAT-FREE\* - 2017

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>BREAKFAST</b>		GF Pancakes Sausage links Applesauce	GF Biscuits & GF sausage gravy Hashbrowns Peaches	GF Coffee cake Bacon Hot cinnamon apples Yogurt	Breakfast burritos with GF tortilla, egg, ham, salsa, cheese & sour cream	GF Pancake Sausage Hard-boiled eggs Cantalope	GF Muffin Cheese stick Apple or orange
		Milk GF cereal bar	Milk GF cereal bar	Milk GF cereal bar	Pears Milk GF cereal bar	Milk GF cereal bar	Juice
<b>LUNCH</b>		Burritos w/ GF tortilla, beef, refried beans, lettuce, cheese, salsa, & sour cream	GF Chicken burger w/ cheese & GF bun Potato salad Watermelon	<b>*Optional Camp Meal*</b> Hot dogs w/ GF bun Carrots & celery Potato chips	Grilled Tillamook cheese sandwich w/ GF bread Tomato soup Fritos	GF Meatball subs Tator tots Coleslaw	
		Juice drink Salad bar	Juice drink Salad bar	Juice drink	Juice drink Salad bar	Juice drink Salad bar	
<b>DINNER</b>	Marinara w/meat GF Penne pasta Green beans GF Roll	Chicken & sausage jambalaya GF garlic bread Corn on the cob	Chili GF Corn bread Broccoli	<b>CAMPSITE COOKING</b> Chicken tortilla soup Tortilla chips	Cheeseburger- macaroni Mixed veggies Tropical fruit salad	GF Chicken-fried steak Mashed potatoes Gravy Peas Rolls Sherbet	
	Popsicle Milk Salad bar	GF Choc. chip cookies Milk Salad bar	Pudding Milk Salad bar	Marshmallows & choc. Milk	GF Cake Milk Salad bar	Milk Salad bar	

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\*Food served will be wheat-free, but it is prepared in a kitchen that is not wheat- or gluten-free