

2016 Labor Day Family Camp

Family Guide

Version Date: July 27, 2016



This guide is a work in progress as we plan for this event. Some details may change.

Welcome to Labor Day Weekend Family Camp!

WHO CAN ATTEND: To participate, at least one member of the family must be a registered Cub Scout, Boy Scout, Varsity Scout, Venturer, or Explorer. Families attend together (parents and children); this is not a unit-organized event. Families register as a family, arrive as a family, and enjoy the weekend together as a family. If several families from a unit want to attend together, that's great...just have each family register themselves as a family, then meet at the beach!

As a members-only activity, your family is assured of a more peaceful and pleasant experience than you might have at a public campground, not to mention more elbow-room and friendly faces throughout the property.

Families can enjoy a variety of activities such as sand-castle building, beach walks to the tide-pools, field games, and more. The weekend will be very loosely scheduled so your family can pick and choose from family camp activities, head into town to visit local attractions, or just enjoy the quiet coastline for the weekend. A listing of local attractions can be found at the end of this packet, gleaned from local chamber of commerce websites.

This is a **family** event, **not** a Scout event where advancement and other Scout activities are part of the program. It's a weekend of open program; you won't find a rotation of stations like day camp or summer camp.

WHERE: The Meriwether/Clark Scout Reservation is just south of Cape Lookout State Park (west of Tillamook), a short two-hour drive from Portland. A map to the property can be found in this packet. When you arrive, follow signs for "check in" and "deliveries" – they will lead you to the business office in Discovery Lodge where you can check in for the weekend.

WHEN: September 2 – 5, 2016
Plan to arrive Friday evening **6pm or later**. Please do not arrive early – staff will still be setting up camp. Program ends with lunch on

Monday; please plan to check out no later than 3pm that afternoon.

You will be able to drive a vehicle to a spot on the road near your campsite to unload gear. Please **DO NOT** drive into the campsites, as this can damage underground water lines. Once you have unloaded, your vehicle will need to be parked in either the Main or Overflow parking lots. A vehicle-free camp helps maintain a camp-like setting and improves safety for all campers.

There will be a **cracker barrel at the dining hall at 8:30pm on Friday night**. Join us for a few snacks and a brief introduction to the staff.

FACILITIES

Campsites: Unless specifically requested otherwise, all families will stay in adirondacks which are wooden three-walled cabins. Campers sleep either on wooden bunks or wooden floors, depending on the style of adirondack. We highly recommend bringing sleeping pads or air mattresses; camp does not have any to rent or loan out. Each campsite also has an outhouse, washstand, fire-ring and picnic tables. Any water that comes out of a spigot is safe to drink.

Each campsite is setup with summer camp operation in mind, so rather than each family having their own pull-in camping spot like a state park, we'll have several families sharing each campsite. This is a great chance to meet and enjoy the company of other Scouting families.

If you are cooking your own food and you find that there is not enough space around your campsite's campfire, there are a number of **program areas** around camp which could also be used for cooking. Most also have shelters and picnic tables near the fire-rings.

The **showerhouses** will be open and have hot showers and flush toilets. Please follow the Youth Protection divisions regarding male/female and youth/adult separations. Let the staff in the office know if they need to be cleaned or stocked.

The **Dining Hall** is a large open eating area that seats about 600 diners. This building also has male and female restrooms with flush toilets. If your family has purchased meals with your registration then you will join us in the Dining Hall for all meals. Outside of meal times, the Dining Hall will be open for all families to play board games, interact with staff, and relax.

The **beach**: Our council owns all the beach-front property between Cape Lookout and the Sand Lake Recreation Area. The beach features several small streams crossing the sand and natural tidepools at the base of the Cape that are full of ocean wildlife. The beach is accessed by either the trail just north-west of the Dining Hall or the valley meadow. We'll have a few activities planned for the beach this weekend.

The **ocean**: Because this is a scouting event, we must follow scouting's Safe Swim Defense rules. This means that we cannot allow swimming in the ocean – we do not have the lifeguard staff to create Safe-Swim Area and the rip-tides between Cape Lookout and Cape Kiwanda make it unsafe for unsupervised wading or swimming. If your kids want to get wet, the multiple freshwater streams along the beach provide safe places to do so – just please stay out of the salt water!

COST: You can choose to bring your own food and eat in your campsite, or eat meals provided by the camp in the dining hall. Pro-rating of meals or fees is not available.

Food Provided: \$59 per person for the weekend (age 6 and under free). Meals will be served in the Dining Hall. Meals will be served Saturday breakfast through Monday lunch.

Bring-Your-Own-Food: \$19 per person for the weekend (age 6 and under free). Those bringing their own food will cook and eat in campsites, and need to bring their own cooking gear and supplies.

REFUNDS: Cancellations before August 19 will be granted a 75% refund. No refund is available for cancellations after August 19, unless the cancellation is due to one of these reasons (in such cases the refund will be 75%):

1. Sickness or serious injury of a family member prevents attendance
2. Family moves out of council boundaries

REQUIREMENTS: Families register as families (parents and children), not as a pack, den, troop, etc. Participating families must have at least one child or adult registered in Scouting. Children must be accompanied by at least one of their own legal parents or guardians. Youth of Scouting age must be registered; families must provide personal insurance.

HOW TO REGISTER: Register online at www.cpcbsa.org/familycamp. We do have a limit on the number of available bunk spaces, so register early to be assured of space. If the event fills, a wait-list will be maintained in case of cancellations. Don't forget to add a note if there are specific families you'd like to share a campsite with!

CHANGING A REGISTRATION: You may change your registration details by logging in at www.cpcbsa.org (upper right corner of the home page) and following the Family Camp links to your pre-existing reservation. There may be some modifications (such as cancellations) that require contacting the office (503-226-3423).

MORE INFORMATION: If this guide does not answer all your questions, please direct specific questions to Anne.Rayhawk@scouting.org or call the council office at 503.226.3423.

SOME THINGS TO BRING:

- Sleeping bags and pillows
- Sleeping pads/air mattresses (adirondacks have wooden sleeping surfaces)
- Weather-appropriate clothing – light layers is usually a good bet
- Shower supplies including towels
- Tents (optional, unless you have specifically requested a tent-site)
- Tarp to cover adirondack open doorway
- Games (board games, cards, etc)
- Lanterns / flashlights
- Cart or wheelbarrow for transporting gear to campsites from the road
- Snacks (Hot Cocoa, s'mores fixins')
- Sandcastle-building supplies and beach toys & games
- Walking shoes
- Shoes for the beach – boots, Keen-style sandals, watersock shoes, etc.
- Sunscreen (let's all cross our fingers for lots of sun!), hats for sun protection
- Extra towel(s) and clothing for after beach visits
- Rain gear (just in case – it's Oregon after all)
- Bikes – all riders must have helmets
- Plastic bags to pack wet clothes in for the trip home
- Whatever else you would normally bring on a family camping trip (with exceptions, see 'what to leave home' below)

If you're bringing your own food, plan for no-cook meals or bring your camp cooking gear:

- Food storage – we have raccoons and chipmunks, so sturdy coolers, bear bags, etc.
- Propane stove, with pots, pans, etc.
- Plates, cups, utensils, tablecloth, etc.
- Cooler (please bring your cooler full with ice; ask the kitchen staff for more as you need it)
- Water container for carrying water from spigot to your cooking area
- Food, coffee, hot chocolate, etc.
- Whatever else you might need to cook in your campsite

WHAT TO LEAVE HOME:

Because this is a Boy Scout property, there are restrictions on certain items:

- Alcohol and drugs (including marijuana) are strictly prohibited
- Pets of any kind are not permitted
- Tobacco use (cigarettes, pipe, or chew) must only occur in your car in the parking lot
- E-cigarettes and vapor cigarettes fall under the same rules as tobacco products
- Noisy devices (stereos, etc.) are not allowed
- Fireworks, firearms, and anything with gunpowder are strictly prohibited
- Other weapons (BB guns, bows, throwing knives, etc.) are not permitted
- RVs and pop-ups cannot and will not be accommodated
- Use of ATVs is not permitted (ATVs can be left secured to a trailer or truck bed in the parking lot for transport to Sand Lake Recreation Area)
- Swimsuits are not needed (unless you're going into town for a swim at the town pool); there's no swimming permitted in the ocean or the lake

WEEKEND SCHEDULE

The weekend is purposely scheduled loosely so that families can choose from activities or leave camp and head into town to visit local attractions (see local attractions section for ideas). The “family times” are great opportunities to play on the beach, hike to the tide pools, play board games in the dining hall, go to town, and visit local tourist attractions – enjoy the time together with your family and friends!

This is a **tentative schedule – some times and events may change** as we get closer to the event. Meal times indicated are for those families paying for food and eating in the dining hall.

FRIDAY

6:00pm Arrive after 6:00pm – eat dinner before you arrive
8:30pm **Crackerbarrel** in Dining Hall – everyone is welcome!

SATURDAY

8:30am **Breakfast*** - *flag just before meal*
All morning *Family time*
12:30pm **Lunch***
All afternoon *Family time*
4:30pm Judging for **Sandcastle Contest** – start building any time before then!
6:00pm **Dinner*** - *flag just before meal*
7:30pm **Movie night** – in Dining Hall

SUNDAY

8:30am **Breakfast*** - *flag just before meal*
All morning *Family time*
12:30pm **Lunch***
All afternoon *Family time*
6:00pm **Dinner*** - *flag just before meal*
7:30pm **Campfire** – in the Old Campfire Bowl behind the Big Lodge
All families are welcome to attend and participate – s’mores for everyone!

MONDAY

8:30am **Breakfast*** - *flag just before meal*
All morning *Family time*
12:30pm **Lunch***
All afternoon *Family time and packing up*
Check out by 3:00 – have a safe trip home!

* Meal times are for those paying for food in the Dining Hall

**Flag takes place behind the Dining Hall – kids and families are welcome to help the staff!

MENU

Below is the menu that is planned for campers that choose to pay for meals. These meals will be prepared by staff and served in the dining hall (campers bringing their own food will eat in their campsite). Meals will be served Saturday breakfast through Monday lunch. Please eat before you arrive Friday evening.

	SATURDAY	SUNDAY	MONDAY
Breakfast	Pancakes Scrambled Eggs Sausage Cinnamon Apples Yogurt Cold Cereal / Oatmeal Bagel Juice, Coffee, Tea, Milk	Biscuits & Sausage Gravy Scrambled Eggs Hashbrown Potatoes Fruit Yogurt Cold Cereal / Oatmeal Bagel Juice, Coffee, Tea, Milk	Cinnamon Roll Scrambled Eggs Bacon Fruit Yogurt Cold Cereal / Oatmeal Bagel Juice, Coffee, Tea, Milk
Lunch	Cheese Burgers Tater Tots Veggie Sticks Fruit Cookies Punch, Coffee, Tea, Milk	Hot Dogs Baked Beans Veggie Sticks Fruit Cookies Punch, Coffee, Tea, Milk	Cold Cut Sandwiches Chips Veggie Sticks Fruit Cookies Punch, Coffee, Tea, Milk
Dinner	Breaded Chicken Au Gratin Potato Corn Ice Cream Bars Salad Bar Coffee, Tea, Milk	Spaghetti Bread Sticks Green Beans Brownies Salad Bar Coffee, Tea, Milk	

Some meals may change as we get closer to the event.

COFFEE & HOT CHOCOLATE

Coffee will be available at the dining hall. Hot chocolate may be served with select meals, but will not be openly available.

DIETARY SPECIAL NEEDS

(for those eating in the dining hall) If a member of your family has special dietary needs, please let us know at Anne.Rayhawk@scouting.org. We are not able to accommodate every dietary restriction, but will do our best to handle common requests such as diabetic and vegetarian substitutions. For those with wide-ranging food allergies and other such situations that, we'll suggest that you bring substitutions for menu, and we'll prepare them in the kitchen along with the meal. In this case, please communicate with us at Anne.Rayhawk@scouting.org.

FREQUENTLY ASKED QUESTIONS

May we bring our pet? No, pets are not permitted on council properties for several reasons. Safety of campers (particularly children) is a primary concern, and although pet owners are sure their pet will not bite, that is always a possibility around new people and excited children. Another concern are the 'leavings' that pets generate which become a nuisance for other campers.

The only exception to this policy for this weekend will be guide-dogs kept on leash and wearing their guide-dog vest at all times, with owners cleaning any deposits the guide-dog makes.

Where may I smoke? Smoking is only permitted inside your vehicle in the parking lot. This rule covers cigarettes, cigars, pipes, e-cigarettes, vapor cigarettes, and smokeless tobacco (aka chew).

Will the BB and archery ranges be operating? Not at this event. This is not intended to be a Scouting event, but a family activity. Many of the common summer camp activities are not planned in order to keep them exciting for your Scouts during summer camp.

Can we drive to our campsite? Not all the way. We'll open the road on arrival day, but that will not get you all the way to your campsite. The road system allows for easy road access to each campsite, but some carrying will be involved. It is recommended to bring a wheelbarrow, wagon or cart, or pack gear in backpacks.

Can we request a campsite? Yes, please indicate during the registration process your preference of campsites. These preferences are not guarantees of campsite assignment but will help your camp director when fitting everyone into camp. We'll take requests on a first-come-first-assigned basis and do our best to meet your request. You might want to use the map in this packet as a guide when requesting a site.

Will we be sharing a campsite? Yes, in most cases families will be sharing a campsite with other families.

Are there flush toilets available? Yes, there are flush toilets in both showerhouses and in the dining hall.

May we swim in the ocean? No, swimming in the ocean is not permitted at Boy Scouts of America properties or activities unless very careful safety precautions have been setup beforehand. We do not have the staff to set up a Safe Swim Area.

May we swim in the lake? No, the Waterfront (lake) will be closed for any use over the Labor Day Weekend. Thank you for your understanding.

May we bring our ATV? ATVs are specifically not permitted to be used on Scout property. If you bring an ATV for use as an off-site activity, it must be kept securely fastened to your vehicle or trailer and not offloaded or started while on camp property.

MORE INFORMATION: If this guide does not answer all your questions, please direct specific questions to Anne.Rayhawk@scouting.org or call the council office at 503.226.3423.

ATTRACTIONS & THINGS TO DO

There are lots of things to do at the beach – here are a few things to consider heading out of camp to discover!

TILLAMOOK AREA

All information in this Tillamook area section gleaned from Tillamook Chamber of Commerce website at www.tillamookchamber.org

Tillamook Cheese Factory

Visit the gift shop and take a self guided tour to see Tillamook Cheese in the making. Sample some cheese, eat lunch in the Farmhouse Café, then finish with a scoop of Tillamook's famous ice-cream. Special summer hours from 8 AM to 8 PM. For more information call 503-815-1300. www.tillamookcheese.com

Blue Heron Cheese & Wine Co.

Shop for unique gifts and gourmet food and have lunch at the Blue Heron Deli! For the kids there is a great petting farm to visit. Open 7 days a week, 8 am to 8 pm in the summer. For more information call 503-842-8281 or 1-800-275-0639. www.blueheronoregon.com

Tillamook Forest Center

The Tillamook Forest Center is an educational and recreational resource 20 minutes east of Tillamook on Highway 6 in the heart of the Tillamook State Forest. The center hosts a wealth of innovative exhibits and programs about the Tillamook Burn and reforestation. Admission is free. Open seven days a week from 10 am to 6 pm. For more information, call 503-815-6800 or visit www.tillamookforestcenter.org.

Whale Watching

Those great arcs of water spraying beyond the breakers are signs of migrating gray whales traveling along the Oregon coast, heading south to warmer water to calve and north to summer feeding grounds. These spectacular creatures can be seen year round, but peak season is November through April.

The Three Capes Scenic Drive

The meandering drive follows a 40 mile route. Skirt the southern edge of Tillamook Bay as you drive toward Cape Meares. The bay, which has

many commercial oyster beds, is a vital habitat for much of the county's fish and wildlife. In Bay Ocean don't miss reading about the ghost community, now gone, that existed there 35-55 years ago. The route climbs toward the entrance to Cape Meares State Park, which is near the legendary Octopus Tree, a Sitka spruce that sends six huge trunks into the sky; Cape Meares Lighthouse; and a coastal seabird nesting area. Head south toward Oceanside and the Three Arch Rocks, which was declared a National Wildlife Refuge in the early 1900s by President Theodore Roosevelt. It is the home for many types of bird life and is frequented by sea lions. Next is Netarts Bay, considered one of the best locales for clamming and crabbing. The route then takes you on a winding drive to Cape Lookout, a rocky headland extending one and three-quarter miles into the ocean. Take a five mile round-trip hike to the tip of the Cape or a two and a half mile stroll down to the beach. The Scenic Drive then passes the Sand Lake Sand Dunes and, several miles later, Cape Kiwanda State Park. Continue through Pacific City for a few miles and you will come back to Highway 101, thus finishing this scenic tour.

Hiking Trails

There are many areas to hike in Tillamook County. For more information request our hiking brochure published by the U.S.D.A. Forest Service, Hebo Ranger District.

Munson Creek Falls

The highest waterfall in the Oregon Coast Range at 266 feet. Hikers can choose the 1/4 mile path to the base of the falls or a 3/8 mile trail with wooden walkways clinging to the cliff leading to a small viewing platform. From Tillamook, drive south about 7 miles on U.S. 101, turn east at the sign to Munson Creek Falls.

Kayaking Tillamook's waterways

Beautiful Tillamook County offers five estuaries, four bays, oceanic wildlife, coastal rainforests, and an extensive watershed system flowing from the Oregon coastal mountain range. Kayak rentals are available throughout Tillamook County. Meriwether works each summer with Kayak Tillamook and we highly recommend them if you're interested in a guided tour.

Sand Lake Sand Dunes

Sand Lake is a popular area for ATVs. Camping and day use is available free of charge in undeveloped areas, such as along Derrick Road and in the open sand areas. Visitors to Sand Lake Recreation Area during the summer and holiday weekends MUST purchase an area entry permit for each street legal licensed vehicle. The permits are issued for a maximum of 1700 vehicles and must be purchased in advance. Permit applications are accepted in person or by mail at the Hebo Ranger District in Hebo. (503) 392-3161

Clamming/Crabbing

Tillamook County bays and ocean beaches have the largest area of clam beds of any Oregon county. Request a booklet from local sporting goods stores for information and restrictions about digging clams. Both razor clams and bay clams are found in Tillamook County. There are several outfitters along the coast that will rent crabbing boats and equipment.

Beachcombing/Tidepooling

Different times of the year and day affect the treasures you will find on Tillamook County's beaches. The best time to beach comb is following a storm. The large rocks that emerge from the sea create perfect pockets for tide pooling. Sea anemones, starfish and hermit crabs are just a few of the sea creatures inhabiting these prolific micro environments.

Bird watching

Hundreds of thousands of sea birds return to the Oregon coast each spring to nest. Bald eagles, glaucous gulls, and great Blue Heron are among the birds that are common year round.

LINCOLN CITY AREA

All information in this Lincoln City area section gleaned from Lincoln City Chamber of Commerce website at www.lcchamber.com

OUTDOOR ACTIVITIES

On Devils Lake, you can rent bumper boats, motorboats, canoes, kayaks, paddleboats, sea doo watercraft or the large pontoon boat at Blue Heron Landing and enjoy the lake.

7 1/2 miles of beautiful, clean beach

Visit Cascade Head Scenic Research Area north of Lincoln City and hike a variety of trails. Call 541-994-3070 for information on trail openings.

Crabbing and boating on the Siletz Bay while you watch the seals on Salishan spit.

Go whale watching or deep sea fishing out of Depoe Bay with Tradewinds Charters, Dockside Charters, and Reel Nauti.

Picnic at Sandcastle Park at the Regatta Grounds on Devils Lake, off West Devils Lake Road where your children can play in a unique park built by community members.

Fishing on Devils Lake (trout, perch, catfish, crappie, large mouth bass), Siletz River and Salmon River (chinook, steelhead, trout), Siletz Bay (perch, crab, flounder) or the Pacific Ocean.

Surfing, windsurfing and sailing: Stop by the Oregon Surf Shop or Nelscott Reef Surf Shop for equipment and information on windsurfing and surfing the Lincoln City area.

Swimming in Devils Lake is great at Regatta Grounds or Sand Point Park.

Visit the Connie Hansen Gardens, 1931 N.W. 33rd St, and learn more about rhododendrons, perennials, azaleas, primroses and coastal trees.

Lincoln City's Skateboard Park on NW 22nd Ave

Spend your day at Chinook Winds Golf Resort or Salishan Spa & Golf Resort.

INDOOR ACTIVITIES

Chinook Winds Casino Resort, the largest of its kind on the Oregon Coast! Call for entertainment schedules.

Shop along Highway 101 – the Little Antique Mall, Freed Gallery, Keep It Art Sea, Ryan Gallery, and Tanger Outlet Center.

Attend a show at our local community theater, Theatre West!

Enjoy a movie Bijou Movie Theatre or the Lincoln City Cinema.

Wine tasting at C&J Boutique or Wine 101

Enjoy pizza, pool, and games in smoke- & alcohol-free Neil's Pool Hall.

North Lincoln County Historical Museum, located at 4907 S.W. Hwy 101.

Indoor pool & rock wall at the Lincoln City Community Center, 2150 NE Oar Place off NE 22nd St

Alder House III – the oldest glass-blowing studio in Oregon; the Jennifer Sears Glass Foundry; Mossy Creek Pottery; Glass Confusion in Oceanlake

Indoor miniature golf, batting range, & arcade games at All American Putt & Bat, 1255 NW Hwy 101

Enjoy karaoke, live music and darts in the evening at Maxwell's At The Coast Restaurant & Lounge, 1643 NW Hwy 101

NEWPORT AREA

All information is from the Newport Chamber of Commerce website at www.newportchamber.org

Hatfield Marine Science Center (free admission)
2030 Marine Science Dr, Newport
541-867-0100 <http://hmsc.oregonstate.edu>

Friends Of Yaquina Lighthouses
(541) 574-3129 www.yaquinalights.org

Oregon Coast Aquarium - provides personal encounters with over 15,000 marine animals, including sea lions, sharks and sea otters
2820 SE Ferry Slip Rd, Newport
(541) 867-3474 www.aquarium.org

Oregon Coast History Center
545 SW 9th St, Newport // (541)265-7509
www.newportnet.com/coasthistory

Undersea Gardens: 250 SW Bay Blvd, Newport
(541)265-2206 www.marinersquare.com

GARIBALDI AREA

All information is from the Garibaldi Chamber of Commerce website www.garibaldichamber.com

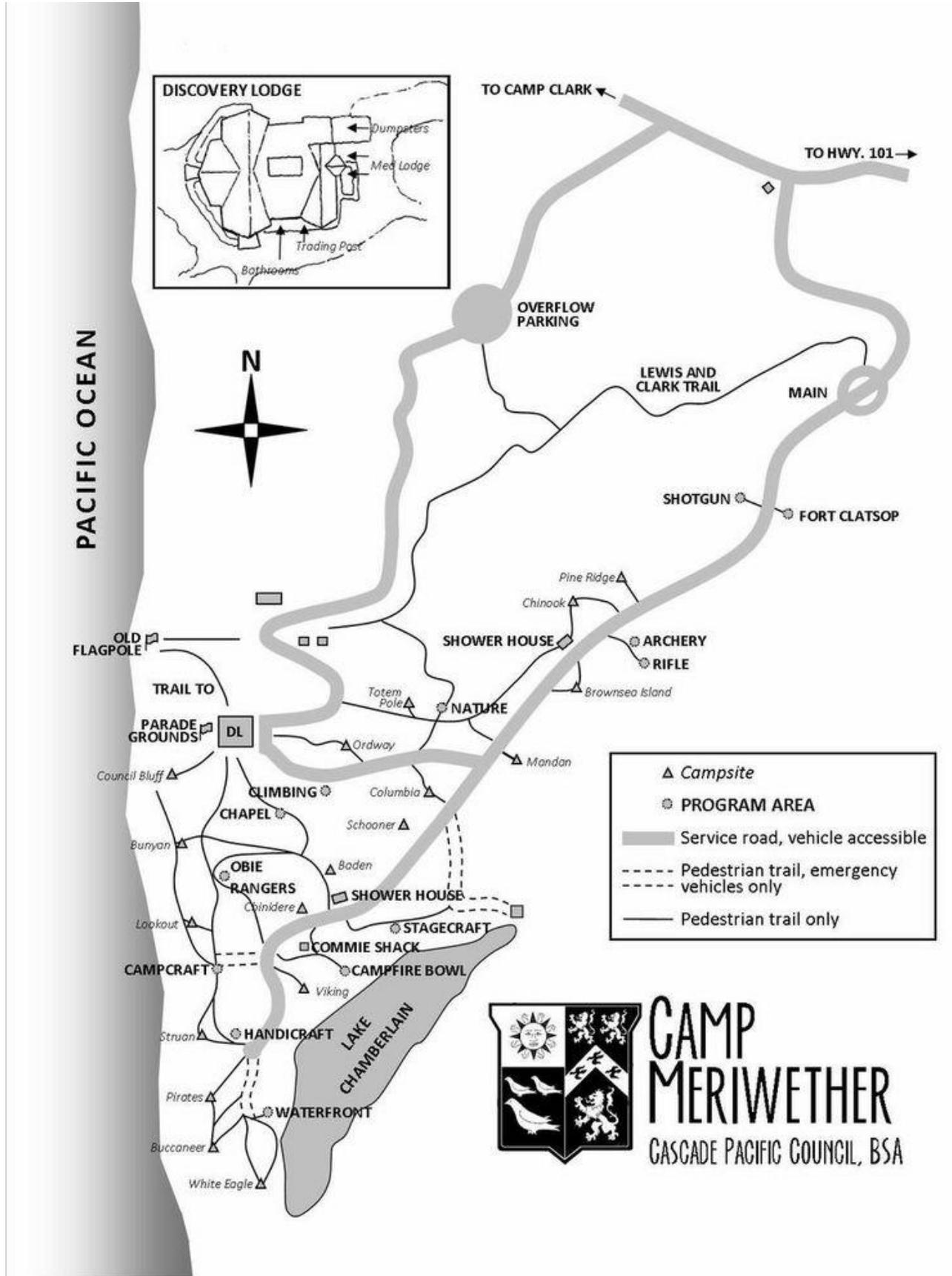
Garibaldi Museum

The Garibaldi Museum is chartered to preserve the maritime heritage of the Pacific Northwest. The museum is open from noon to 4:00 p.m.
112 Garibaldi, OR 97118
503-322-8411
www.garibaldimuseum.com

1910 Heisler Steam Engine Locomotive Ride

This scenic trip chugs along Tillamook Bay on 1.5 hour round-trip excursions from Garibaldi to Rockaway Beach. Great for all ages.
www.ocsr.net 503-842-7972

MAP OF CAMP MERIWETHER



MAP TO CAMP

