

# SCOUTING THROUGH SOCCER

CASCADE PACIFIC COUNCIL



## COACHES HANDBOOK

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**Dear Coaches,**

**Welcome to [Scouting Through Soccer](#), whether new to our organization or a long time participant, we'd like to begin by thanking you for your, much appreciated support.**

**Through decades of volunteer support, Scouting has evolved into an international organization positively affecting millions of youth every day. Mentors, their commitment and hard work , are the key to its success.**

**[Scouting Through Soccer](#) is an attempt to adapt a program that has proven successful in aiding mentors like you, to the interests of youth our traditional organization has been unable to reach. By creating a program involving Soccer, a sport youth both enjoy and have shown dedication toward, we seek to provide mentors with tools that will aid them in establishing key principles for building successful young adults:**

- **Dedication**
- **Community Service**
- **Leadership**
- **Sportsmanship**
- **Physical Fitness**

**The challenge in achieving this lofty goal has always been the lack of any clearly defined path to instilling ideals in youth. There is no set formula that leads to successful adulthood, but by working together we can provide mentoring in a structured environment that will help youth discover and foster their potential.**

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**Mission**

“ To develop and deliver engaging, research based academic, character, leadership, and career focused programs aligned to state and national standards that guide and enable all students to achieve their potential.”

**Aims**

- Sportsmanship
- Community Service
- Leadership
- Dedication
- Physical Fitness

**Ideals - Scout Law**

In addition to our aims, the Scout Law provides ideals for mentors and youth to base their decision making. The Scout Law is a description of values each scout/team/youth can aspire to.

A Scout is:

Trustworthy, Loyal, Helpful, Friendly, Courteous, Kind, Obedient, Cheerful, Thrifty, Brave, Clean, and Reverent.

The Scout Law outlines the values Scouting can foster within youth involved in any one of our organizations, and can serve as a good guideline to follow in confronting your role as a mentor.

**Lead by example.**

Use the Law as a guideline for your interactions and attitudes around Youth. You can make an impact just by being a role model. Youth, regardless of age, identify with adult leadership and emulate their actions and attitudes.

### **Adult Association**

The one-on-one relationship between youth and positive adult role models is integral to the success of Scouting Through Soccer. As a part of Scouting we always employ (two-deep leadership) for the safety of youth and adults.

### **The Coach**

The Coach is the primary Adult Leader and mentor for the youth. Their role encompasses a beneficial relationship that relies on positive reinforcement of Scouting principles.

### **Creating Challenges**

Youth should be challenged to undertake goals, improve skills and take responsibilities. Regardless of their success or failure, the attempt itself will build confidence and self-esteem.

The environment of competitive soccer provides ample opportunity for youth to become motivated and set goals for themselves. However, it requires the support and encouragement of a Coach to challenge them.

### **Reflection**

Success is easily met with praise; but in the presence of failure the Coach has the opportunity to provide genuine mentorship. Reflection allows the Coach to judge the mind-set of the team after games and practices. After games and practices the coach should take a moment to listen to the opinions of the team and then inspire them to address any challenges they are facing.

Through communication and reflection a lasting impact can be made on our youth.

### **Referees**

Referees in the Scouting Through Soccer program devote their time because they are dedicated to soccer and are willing to support the growth of the sport amongst youth in their community. All Referees make calls based on their own perception without any bias toward any team. However many of our Referee's are youth training for future careers in soccer and youth leadership. Age and experience levels may vary depending on their personal growth.

### **Adult Leaders and Parents**

Other adult leaders and parents involved in the program have a mutual responsibility to support the program to ensure the greatest amount of success for their youth.

**On the field parents and families should sit near their team, away from the goals and other teams.**

### **Keep it in Perspective**

Disruptions of game play or practice lead to less time that our youth can participate in the program. We want helpful communication between parents and coaches and encourage parents to participate in activities, and aid the coaches during practices and games. However, any adult that disrupts game play will be asked to leave the field for the duration of the game.

\*See Code of Conduct

## The Scout Law

During practices Coaches should take moment to reflect on the attitude of the team during practice offering advice concerning the Scout Law.

**Trustworthy** – The dynamics of trust between teammates on and off the field

**Loyal** – Loyalty to the team and themselves

**Helpful** – Aid the improvement of skills amongst teammates

**Friendly** – The importance of sportsmanship

**Courteous** – Attitudes towards teammates, other teams, and the referee

**Kind** – Support vs. criticism

**Obedient** – Following directions and rules of the game

**Cheerful** – Not dwelling on losses and focusing on improvement

**Thrifty** – Creative ideas during practices and games

**Brave** – Challenging yourself

**Clean** – Maintaining the field

**Reverent** – Respecting others abilities and your own limitations

### Framing Ideals through Practice

At the end of practices and games coaches and team captains should hold team debriefs focusing on how the team can improve their performance on the field. During this time attempt to frame the discussion in a way that reflects at least one of the points of the Scout Law, and ask how these principles apply to their own experiences

### Advancement Structure

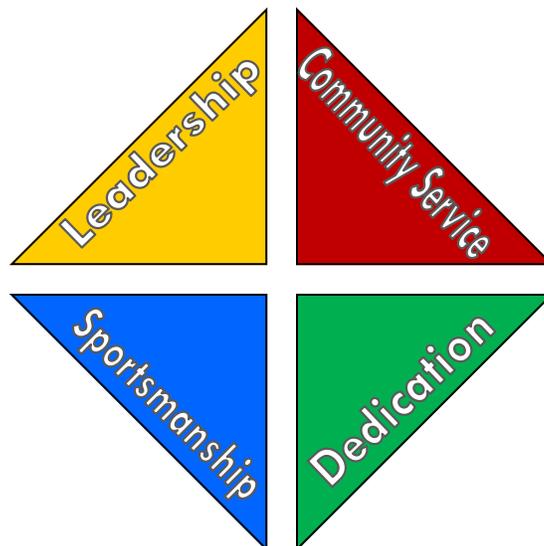
Advancement provides positive reinforcement of the principles of Scouting. Participants advance and progress as they meet new challenges and are mentored in personal development. Youth are rewarded for these achievements, which helps them gain self-confidence. The steps in the Scouting Through Soccer advancement system helps individuals grow in self-reliance and their ability to help others.

In addition to recognition received for athletic ability, Scouting Through Soccer rewards youth for achievement in the areas that reflect genuine character development. Throughout the *Scouting Through Soccer* season youth will have the opportunity to earn additional awards for:

- **Dedication**
- **Leadership**
- **Community Service**
- **Sportsmanship**

These values form the four components of the Scouting Through Soccer curriculum. Youth involved in our program will have the opportunity to be recognized for participation in various activities that demonstrate these skills. By completing a set of requirements they will receive an wristband recognizing their achievement. Players that successfully complete four wristbands in a single season will earn additional special recognition.

**Eligibility of participants for recognition in these awards is based on the discretion of the Coach.**



### Leadership Quadrant

Leadership responsibility builds confidence, challenges youth to overcome obstacles, and confront their own limitations. Leadership builds character. As a Coach you will have the remarkable opportunity to offer leadership responsibilities to your team, and mentor and guide them through the challenges of creating a successful soccer program.

To help motivate the youth involved in our program, Scouting Through Soccer offers recognition of those who accept the challenge of leadership responsibility. By completing the following requirements youth can earn the Leadership component of Scouting Through Soccer:

1. Hold a Leadership position for two weeks, i.e. Team Captain, Assistant Team Captain, or Equipment Manger.
2. Plan a drill or other practice activity and present it to the coach and try it during one of the practices.
3. Use the EDGE method (p.9) to teach a fellow teammate a new skill.
4. Help create a Team Name and Yell.

Those youth that exemplify leadership throughout the season are eligible to receive a Leadership Recognition wristband. As Coach you have complete discretion regarding their eligibility and can award the Leadership Recognition bands based on criteria that reflects the spirit of the requirements outlined above.



## Creativity and Spirit

Fostering individual creativity in youth increases confidence. *Scouting Through Soccer* hopes to provide a regular outlet for our youth to explore their individuality, creativity, and imagination. The coach works with the team, guiding youth to find creative solutions to problems on the field.

Creative development in soccer is fostered through generating and encouraging Team Spirit. Youth are encouraged to take ownership in their team by creating a personalized team identity. The experience of adopting a team name and creating a yell gives youth a sense of belonging to the team and the program.

Teams are encouraged to create their own cheer or yell (a short verse that can be said before games and practices, and during group huddles). Through this simple activity *Scouting Through Soccer* hopes to develop camaraderie and identity between the players of our soccer teams.

## The EDGE Method

The EDGE method is a teaching technique utilized by Scouting to help youth teach skills in a way that will facilitate retention.

The EDGE method is a four step method for teaching a skill:

- Explain
- Demonstrate
- Guide
- Enable

### Explain

First explain what you will be doing. Tell them the steps involved. Visual aids might be helpful for this step. Use questions to gauge their understanding.

### Demonstrate

Show them how to do the skill. Demonstrate the steps using the actual materials. Describe what you are doing.

### Guide

Let them practice the skill. Guide and coach them as they try to do it themselves.

**This step will take the most time.**

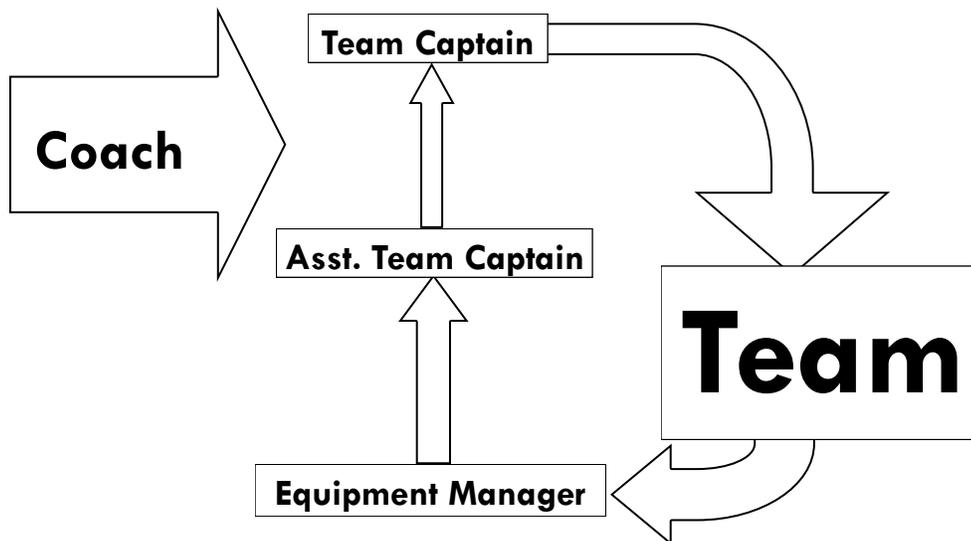
### Enable

Enable them by letting them do the skill themselves without any intervention.

### The Team as a Unit

Scouting Through Soccer is a youth led organization. Youth take ownership for the team and its successes. They are invited to participate in the planning of practices and activities, and have the opportunity to hold leadership positions.

The Soccer Team allows the youth to take pride in their participation, providing areas in which they can make decisions as a group.



### Armbands

Leadership Positions are designated on the field by distinctively colored armbands. Youth in these positions should wear the armbands during games and practices to be clearly recognizable to the team and officials.



### **Team Captain**

Youth that show exemplary sportsmanship and a willingness to take responsibility for the team and its players should be awarded an opportunity to act as Team Captain. This opportunity will challenge them to help plan practices and take charge of their fellow players, allowing the coach to act as a mentor and guide in helping foster confidence and leadership.

The Coach should pick his or her Team Captain based on standards that extend beyond athletic ability i.e. Sportsmanship, Dedication, and Character. Be cognizant and aware of the age and ability but allow the Captain to take charge on their own.

The Team Captain should change every two weeks, and can be changed at the discretion of the Coach or Adult Leader.

#### **Team Captain Qualifications**

- ◆ Responsibility
- ◆ Participation
- ◆ Sportsmanship
- ◆ Understanding of the Game

#### **Team Captain Responsibilities**

- ◆ Aid in planning practices
- ◆ Keep teammates informed of games, practices and activities
- ◆ Aid in teaching athletic skills
- ◆ Prepare teammates to participate in practice
- ◆ Help fellow players succeed
- ◆ Set a good example
- ◆ Attend all practices and games
- ◆ Show and develop team spirit



### **Assistant Team Captain**

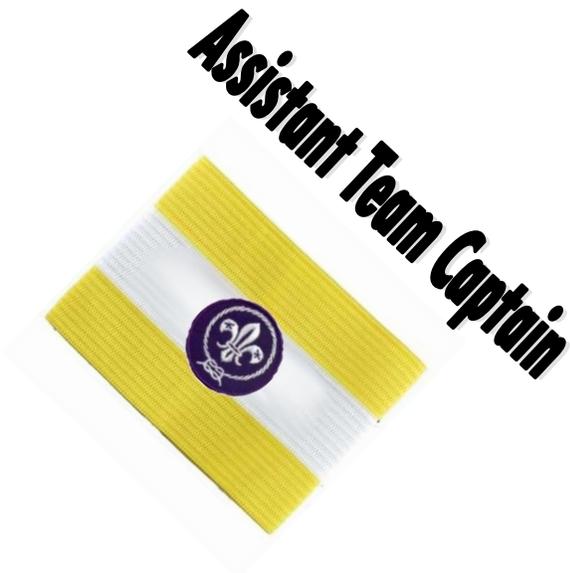
The Assistant Team Captain can aid the Team Captain in their responsibilities and can serve as the next available youth leader if the Team Captain is unavailable. Moreover the Assistant Team Captain is on deck to take the mantle of Team Captain after the two-week term has expired. In this way youth can be eased into leadership positions, and the program provides a fluid advancement structure.

#### **Assistant Team Captain Qualifications**

- ◆ Responsibility
- ◆ Participation
- ◆ Sportsmanship
- ◆ Understanding of the game

#### **Assistant Team Captain Responsibilities**

- ◆ Support the Team Captain during practices and games
- ◆ Teaching soccer skills to new members
- ◆ Help fellow players succeed
- ◆ Attend all practices and games
- ◆ Show and develop team spirit
- ◆ Fulfill Team Captain duties when Team Captain is unavailable



## Equipment Manager

The Equipment Manager is in charge of handling the materials that will be used during practice: balls, nets, loaned gear etc. They are further responsible for making sure that everyone on the team has the appropriate sports protection, and are wearing their shin guards as required before playing the game, and starting practice.

Make sure that the Team Captain understands the importance of the Equipment Managers role and provides them with support.

### Equipment Manger Qualifications

- ◆ Responsibility
- ◆ Participation
- ◆ Sportsmanship
- ◆ Organization

### Equipment Manager Responsibilities

- ◆ Inventory equipment used during games and practices
- ◆ Ensure all teammates wear proper uniform and safety equipment
- ◆ Organize clean-up of practice and game area
- ◆ In charge of game balls—making sure the referees receive the game balls before the game begins and collects the game balls after the game
- ◆ Collects and returns all loaned gear to coaches and/ or field assistants during practices and games.



## Community Service Recognition

Scouting Through Soccer youth are taught to be citizens of their community whose values reflect an attitude of cheerful service. The aspiration of Scouting is to provide youth with all the tools and opportunities they may need to become strong active adults, in tune and engaged with their communities.

## Citizenship

In addition to athletics, Scouting Through Soccer will provide training and activities to educate youth on the importance of citizenship in their community, nation, and world. Youth will learn from members of their communities the importance of citizenship and civil responsibility.

One of the fundamental roles of Scouting has always been the training of citizenship through action. Youth in the Scouting Through Soccer program will have the opportunity to help provide service to their communities as well as learn from individuals that provide needed services to their communities on a regular basis.

The Community Service Recognition band reflects the achievements of youth who demonstrate outstanding community service throughout the soccer season. Youth may earn the Community Service Recognition band by completing the following requirements:

1. Participate in a community service project.
2. Interview a civil servant or other public employee/leader in your community.
3. Participate in field clean-up after games and practices.
4. Invite friends or family to a game.

As with all awards in Scouting Through Soccer, recognition reflects your judgment as coach and Adult Leader.



### **Community Service Project**

During each season of Scouting Through Soccer, the staff will organize a Service Project to aid our communities, i.e. Canned Food Drive, Park Clean-up, Clothing Drive, Reading/Book Drive, Skills Clinic for younger players etc. All teams will be invited to participate in order to give something back to their communities and learn the joy that service in the spirit of goodwill can provide.

Youth and/or Teams are welcome to create and participate in their own service projects, in order to complete the service project requirement of the Community Service Quadrant.

Service Projects should be 4 to 6 hours and impact an organization or community that does not directly benefit Scouting or their schools Soccer Program. No money or profit may be accepted by any of the participants involved.

**Necessary adult supervision must be present at all times during the Service Project.**

### **Civil Servant Interview**

Scouting through Soccer invites youth to learn from leaders of the community in person through a short introductory interview. These leaders should be public employees or leaders in the community directly involved with social infrastructure (i.e. elected official, judge, attorney, principal, teacher, law enforcement or fire and rescue officer etc.).

During the interview the youth should ask their civil servant about their role in the community and what they can do to help their community.

**The Scouting Through Soccer staff can set-up interviews and/or visits to practices or games, to aid in the completion of this requirement.**

## Community

Scouting Through Soccer hopes to establish a beneficial relationship between our youth and the communities in which they live. Service to the community can be demonstrated on a regular basis through the relationships players develop in the spirit of service with members of their community, including areas used by the teams for practices and games.

## Property Usage

Scouting Through Soccer is deeply concerned with maintaining a helpful and beneficial relationship with the owners of the properties loaned to us for purposes of activities and events. We understand that such facilities are needed for other purposes, and that it is our responsibility to ensure that they remain in good condition.

Our main goal is to leave as little evidence of our presence as possible, and moreover to leave the property better than we found it.

We will perform the following steps at the end of every practice and/or game:

- General litter sweep - remove garbage from games and site as to not overfill garbage receptacles
- Store activity materials off-site
- Return all amenities used (i.e. goals, bleachers) to the position and condition they appeared in when we arrived
- Remove any items that are brought by guests or youth, or otherwise that do not belong on the property
- Use designated Port-a-potties (per park rental agreement as to not over use park facilities). Obtain bathroom code from field assistants.

Properties will be cleaned between activities with some field assistants available to take charge of the youth in order to meet these goals. These volunteers are expected to be courteous to other teams participating in the activity and maintain a general degree of cleanliness throughout a given day.

Furthermore teams will be judged on the cleanliness of their own areas for purposes of assessing the team's overall service commitment for the season. At the end of all activities on any given day volunteers will be requested to help performing these actions with the assistance of the youth present. And of course, parents are expected to motivate the youth to help.

**Our priority is to limit our impact on the properties available to us for use. So that they may continue to be available for future use.**

### **Sportsmanship Recognition**

The key to developing strong moral character in our youth, especially in the athletic arena, is to frame Scouting values within a message of sportsmanship and camaraderie amongst players and teams.

Positive attitudes on and off the field develop character traits that will prove beneficial in the relationships and environments they will encounter later in life. These attitudes must be fostered and developed by coaches and parents. The attitudes that youth develop directly reflect the attitudes of the adults they respect and work with.

Youth who exhibit outstanding sportsmanship throughout the season will be awarded a Sportsmanship Recognition band for their performance. As coach recognition is based on your involvement with the youth, and judgment regarding those whose performance best reflects the ideals of the Scout Law.

### **Soccer Bucks**

Other Teams, Coaches, Field Hands and Referees may award additional Sportsmanship Recognition in the form of redeemable Soccer Bucks. Soccer Bucks can be redeemed at Scouting Through Soccer Store at games for prizes. Youth will be additionally eligible to win Portland Timbers Tickets.



### **Dedication Recognition**

Dedication reflects a youth's involvement in the program. Showing up and participating in all games and practices takes self-discipline and motivation. Dedication is an essential character trait for handling responsibilities in adulthood. You as coach have full discretion regarding the bestowal of the Dedication Recognition Band.



## End of Season - Awards Ceremony

At the end of each season, Scouting Through Soccer will hold an awards ceremony for youth, coaches and families. The ceremony will include:

- Trophy Recognition for tournament winners
- Recognition for Sportsmanship, Leadership, Community Service and Dedication
- Outstanding Player Recognition
- Food, Fun, and Family

All families and teams are invited to participate. Further details will be provided at the end of the fall season.

## Spirit Days

We would like to take one practice out of the season in order to come to your school and conduct team building exercises. These exercises will teach skills essential to building camaraderie and team spirit, and will focus on cooperation, creativity, and communication.

Spirit Days will further serve as a vehicle for building a greater Scouting Through Soccer community in which our staff can talk about opportunities offered through the Scouting Through Soccer program, and teams can show off their skills and achievements.

Players can show Team Spirit by wearing their uniform to school on Spirit Day or the day before games.

## Outstanding Coach

We would like to recognize you on our website! Please email us a bio and photo.

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[ebarrios@cpcbsa.org](mailto:ebarrios@cpcbsa.org)  
[jfillo@cpcbsa.org](mailto:jfillo@cpcbsa.org)

## **Uniforms**

Uniforms are essential to developing community identity in *Scouting Through Soccer*. The Uniform our youth adopt symbolizes their participation and association with the program. The Uniform should signify the strong moral character our program aims to foster in its participants. All participants on the field should respect those who also wear the uniform as a part of the broader community of soccer. With that respect comes the bold assumption that youth in uniform embody the spirit and aims that uniform represents.

In addition to community identity, the uniform is designed for active athletic activity. All members of *Scouting Through Soccer* are required to wear proper uniform at all times on the field and during practices and games, in order to ensure the health and safety of all participants.

### **Scouting through Soccer Uniform**

Required player equipment includes a jersey, shorts, stockings, shin guards and shoes. Shin guards should provide adequate and reasonable protection, be professionally manufactured, age- and size-appropriate, not altered to decrease protection, worn under the stockings, and worn with the bottom edge no higher than 2 inches above the ankle. Equipment shall not be modified from its original manufactured state and shall be worn in the manner the manufacturer intended it to be worn.

A limited supply of Scouting Through Soccer uniforms and gear are available to teams for purchase. A limited supply of donated shin guards and practice jerseys are available, from community partners, to players in need for no cost. Contact staff for more information.

### **Requirements for uniforms:**

All participants must wear shoes during games. Shoes with soles containing metal (aluminum, magnesium, titanium, etc.), leather, rubber, nylon, or plastic cleats, studs, or bars, whether molded as part of the sole or detachable, are allowed as long as the referee does not consider them dangerous. They may not be altered in any way creating sharp edges thus rendering them unsafe.

Sweatbands may be worn on the head or wrist if made of soft material. Players shall not wear jewelry with the exception of religious or medical medals. A religious medal must be taped and worn under the uniform. A medical alert must be taped and may be visible

Jerseys must correspond to the designated color or pattern as decided by the team and its coach. Tee shirts may be worn as long as they also correspond to the color guidelines laid out by the team and its coach. Uniform numbers are required for proper documentation from Referees. Goalies must wear a different color uniform shirt.

**Teams with similar colored jerseys must wear pennies to distinguish players.**

**Code of Conduct**

All Participants of Scouting Through Soccer must agree to the following terms regarding conduct during games practices and activities. Coaches are responsible for the conduct of parents and spectators in attendance at games, practices and activities. Verbal and Physical Abuse will not be tolerated.

**As a Coach in the Scouting Through Soccer program, I agree to:**

- Remember that players participate to have fun.
- Never ridicule or yell at players.
- Be reasonable in demands for players time, energy and enthusiasm.
- Operate within the rules and spirit of the program.
- Divide my attention and opportunities equally amongst all players on the team.
- Maintain that all equipment meets safety standards and is worn appropriately for the age and ability of the player.
- Handle myself maturely and display control, respect and professionalism toward all those involved in the program, and will encourage players to do the same.
- Display concern for sick or injured players, and adhere to the advice of medical professionals.
- Coach to the best of my ability given the resources available.
- Structure practices to produce Leadership, Community, Sportsmanship, Dedication, and Physical Fitness in players.
- Adhere to the Guidelines laid out in the BSA Youth Protection Training.
- Respect the rights and dignity of all players regardless of their gender, ability, cultural background, or religion
- Strive to be a positive role model and mentor to all youth involved in Scouting Through Soccer, including and not reserved to other teams or spectators.
- Remember that my behavior represents the team, Scouting Through Soccer, and the Cascade Pacific Council on and off the field.
- Believe that the referees as well as coaches and players are invested in the program for the betterment of all youth involved.
- Understand that my attitude can influence coaches, players and spectators.
- Refrain from using any offensive, suggestive or derogatory language.
- Demand an appropriate environment free of Drugs, Tobacco, and Alcohol.
- Obey the Scout Law.

*Failure to adhere to the Code of Conduct will result in expulsion from Scouting Through Soccer.*

Signature X \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_

By signing this Code of Conduct you agree to follow these guidelines as a condition for your involvement in the Scouting Through Soccer program. Please remove and deliver this copy to the Cascade Pacific Council's Scouting Through Soccer staff.

**Coach's Copy**

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**Staff Copy**





**Scouting Through Soccer  
Cascade Pacific Council  
Boy Scouts of America  
-2012-**

**Developed and authored  
by Jason Fillo**